



Recognizing and Understanding the Strongman - Trauma

Revealing Light Ministries

Hebrew – Trauma

חבלה

Wounding, injury, strike, lesion

Sin enters the world

Adam and Eve were created perfect in mind, body and soul. Their sin resulted in the loss of their spiritual relationship with God. This was the greatest wounding of a human soul ever, even up to this day.

We carry this generational wound from birth and the only healing for this wound is the “blood” of Christ. When a person becomes “born again” their soul is healed and restored to the pre-sin condition (wholeness) found in the garden.



Sin gives birth to trauma.

Trauma is the consequence of the original sin.

It is the first wounding of the human soul.

Trauma is the father of all afflictions

Trauma begets trauma – a never ending vicious cycle



**When an emotional
traumatic event occurs there
is a wounding of the soul.
This “wounding” is fertile soil
to receive seeds of affliction.**

Satan will always attack us through
our soul



Some of the traumatic events that cause soul wounding: Individuals , Families , People groups , Nations.

- War – Global / Regional / Civil / Genocide
- Terrorism – Domestic / Global
- Poverty / Homelessness
- Drought/ Famine / Pestilence
- Political Unrest / Corruption
- Violent Injury/ Crime/ Accidents
- Rape / Sexual abuse
- Dysfunctional Family Life - Domestic Violence / Physical and Verbal abuse / Divorce / Absentee Father / Infidelity
- Catastrophic weather or natural events i.e. hurricanes / tornados / earthquakes / flooding / fire
- Loss of Life / Mass Murder / Accidental / Natural / Abortion / Suicide
- Child Abuse - Kidnapping / Human trafficking of women and children for sexual exploitation / Forced Labor
- Religious Persecution / Intolerance
- Disease / Infirmary
- Alcoholism / Drug Addiction
- Incarceration/ Prison
- Prejudice/ Racism
- Abusive peer pressure / Bullying / Gossip
- Financial Distress
- Church Leadership - Indiscretions/deception/judgement

**This soul wound is the
“Womb” into which the
“Strongman of Trauma”
sows his seeds of affliction**

Seeds of fear, bitterness ,
rejection, anger, depression, grief,
unforgiveness and many others.
These seeds are spirits.



**These seeds take root,
mature and give birth to the
strongholds that torment
humanity.**

These roots are spirits which left
unchecked will begin to produce
harmful fruit in the afflicted person



After the roots (spirits) of affliction mature, bad fruit is produced. Physical ailments and behavioral issues arise to torment and disrupt a persons life. It is through this fruit that “Trauma” is reproduced.

I.e. Addictive and immoral behavior



God has a plan for humanity – Return to the garden

His plan is for **Redemption** and **Shalom**
(Perfect peace)

Satan has a plan to disrupt Gods plan – **Trauma**
Trauma is the opposite of **Shalom** and it
hinders the redemption of man.

Mark 3 : 27 (Amplified, Annotated) – But no one can go into a strongman's house (trauma) and steal his property (what he has stolen from us) unless he first overpowers and ties up the strongman, and then he will ransack and rob his (strongmans) house.



Mark 3:27

This scripture tells us that before we can enter the “Strongman’s” house (trauma) we must first tie him up (Bind him)

Then we can enter and take back all that he has stolen from us. He has taken our peace, our hope, our health, our families, our possessions, our Shalom. Please understand that “binding” the strongman is the first and most important issue when going into prayer against “trauma”

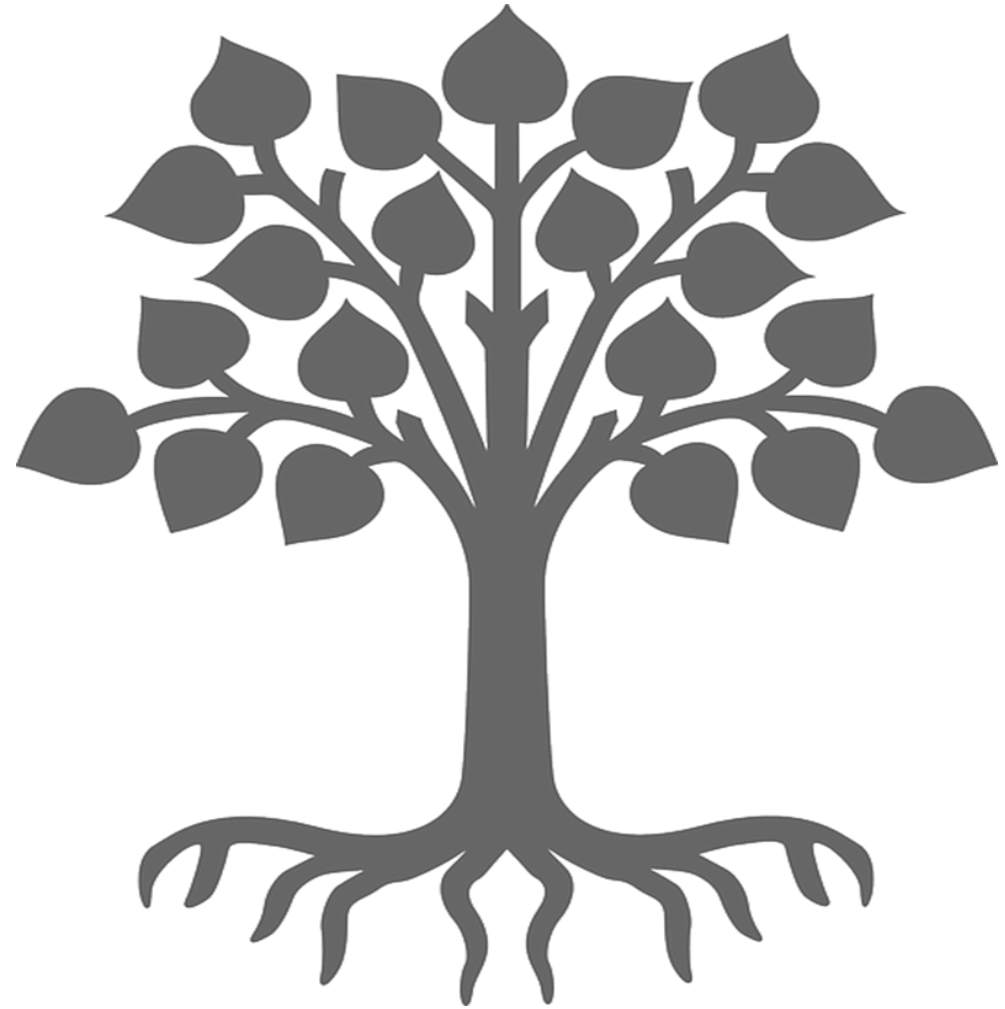
Trauma is the tool Satan uses to try to derail Gods plan for humanity

**Physical Symptoms / Behavior - Fruit /
Strongholds - produced by Trauma**

Stress / Panic / Insomnia / Nightmares /
Insecurity / Doubt / Anxiety / Fatigue /
Apathy / Illness / Despair / Denial /
Loneliness / Headaches / Abdominal Distress
/ Irritability / Withdrawal / Skin Disorder /
Unbelief / Hypertension / Alcoholism / Drug
Addiction / Suicide / Addictive & Immoral
Behavior / Violent Behavior / Backsliding

**Emotional Symptoms - Seeds / Strongholds
– Root Spirits of Trauma**

Fear / Anger / Hopelessness / Depression /
Infirmity & Death / Confusion / Inability to
Trust / Envy / Guilt / Shame / Lust /
Unforgiveness / Bitterness / Rejection / Grief
/ Afflictions



The “strongman” of trauma has a firm grasp on every nation. Only our prayers will loosen his grip and bring healing and deliverance



Weapons of the enemy

- Memory – Trauma leaves an imprint on the soul, if severe enough even to a cellular level. This spirit will always try to bring back the memory that resulted from the trauma so that the wound will never heal.
- Disparaging Voice – Speaking quietly, reminding you of the trauma.
- Distraction – Trauma builds a wall between humanity and the cross

**Trauma draws peoples
attention away from
God, It builds a wall
between humanity and
the cross**

Only the focused, fervent and
specific prayers of the church
will take down this wall



Our Weapons against this “strongman”

- Prayer – fervent, focused , fasting and specific
- Standing on the word of God / Putting on the full armor of God
- Pleading the Blood to heal our soul wounds
- Binding and taking captive the destructive memories, images and beliefs
- Silencing the disparaging voice of the enemy
- Taking spiritual authority / Coming out of alignment with this spirit and coming into agreement with God's word
- Breaking the cycle of generational trauma

But here is the Good News

Everyone viewing this presentation has **PTSD**

PTSD

PRAYERS **T**HAT **S**URELY **D**ELIVER